Hurricane season officially begins June 1 each year and ends November 30. The peak of the season, when most storms occur, runs from mid-August to mid-October.

**During a Hurricane Warning or During Severe Weather**

- If you are advised to evacuate, don't wait; the longer you do the more snarled traffic becomes and the greater the risk spending hour after unpleasant hour stuck in a miles long line of cars inching up the interstate. Avoid flooded roads; six inches of water is all it takes to float a car. Keep an eye out for flood compromised or washed out bridges. Make sure someone outside the storm area knows where you will be and how to reach you.

- If you do not evacuate, stay in doors and off the roads. Stay away from windows and doors. If power is lost, unplug all electrical appliances to prevent damage from power surge when service resumes. Keep emergency supplies at hand. Listen to local radio for changes in the weather situation and instructions.

- If flooding occurs, move valuable property to higher locations in your home, if time permits. Move yourself and your pets to higher ground or shelter. Be sure to lock your home and take emergency supplies, clothing and bedding with you.
BASIC FACTS ABOUT HIV/AIDS

HIV is a virus that can spread through the body and attacks the immune system and specifically the CD4 cell or T cells. T cells are cells that help us fight off infections and disease. Untreated, HIV reduces the number of CD4 cells or T cells. Untreated, HIV reduces the number of CD4 cells or T cells and damages our immune system therefore is easier to become ill. HIV is passed from person to person through sexual contact, blood exposure, childbirth and breast-feeding. Currently, there is no effective cure for HIV, however with proper medical care, HIV can be controlled.

WHAT IS ORIGIN OF HIV?

HIV 1 is the most common type of HIV. HIV is thought to be transmitted from chimpanzees when people in Sub Saharan Africa came in contact with the blood of the infected animals through hunting and butchering. HIV probably stayed confined to Africa for many decades but the virus spread beyond Africa entering the United States around mid to late 1970's. The HIV virus was discovered in 1983 which lead to testing blood and eventually to treatments.

HOW IS HIV TREATED?

HIV is not the fatal illness it was in the 1980's and early 1990's. The medications used to treat HIV and AIDS is called antiretroviral therapy or ART. These medications stop the virus from multiplying or reproducing. Other older terms for the medications are HAART, which is highly active antiretroviral therapy or “cocktail", but now all medications are called ART. Treatment for HIV has improved significantly in the 21st century. If one starts ART early and takes it faithfully, one can probably live a normal life span.
For Our Kids

After School Enrichment Program

Our student enrichment program is a great place for your children to grow their social skills.

Monday - Friday
Hours are as follows:
2:30 p.m. to 6:00 p.m.
FREE SNACK
FREE DINNER
FREE TUTORING
HOMEWORK ASSISTANCE

Open to all Liberty County Residents
please contact our
(912)-532-9167
Mrs. Monica Woulard

Coming Soon Boys Mentoring Program
please contact our
(912)-532-9167
Mrs. Monica Woulard for more information

Registration for Hinehouse After School Program will begin on July 21st at the back to school bash. (Open to the residents and the community).

Preregistration for Hinehouse Girl Scout Troop will begin on July 21st at the back to school bash (ages 5-16).
Contact Mrs. Serene Lee 912-977-6002 or Mrs. Monica Woulard 912-532-9167. Open to the community.
### July 2018

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**Contact US**

Give us a call about any concerns or our services

**Business Hours**

Mon, Tues, Thurs & Fri
8:00 a.m. 4:00 p.m.
Wed
1:00 p.m. 5:00 p.m.

912-368-3466

**Emergency After Hours Number**

912-977-6004